

## SUMMARY OF DOCTORAL THESIS

**The author's name:** *Bui Thi Loan*

**Thesis title:** *Sexual abuse prevention education for primary school students: A life skills approach.*

**Scientific branch of the thesis:**

**Major:** Education

**Code:** 9140101

**The name of postgraduate training institution:** Hanoi Pedagogical University N2

### **1. Thesis purpose and objectives**

#### **1.1. Purposes**

On the basis of theoretical and practical research, the thesis has proposed educational measures for preventing sexual abuse based on life skills approach in order to help primary school students respond positively to sexual abuse; thereby, contributing to keep themselves safe and healthy.

#### **1.2. Objectives**

Some educational measures for preventing sexual abuse for primary school students based on life skills approach.

### **2. Research methods**

*2.1. Group of theoretical research methods*

*2.2. Group of practical research methods* (Survey method; in-depth interview method; professional method; observation method, pedagogical experimental method, products and document research method)

*2.3. Group of data processing methods*

### **3. Major results and conclusions**

#### **3.1. The major results**

Building a theoretical framework on sexual abuse prevention education for primary school students based on life skills approach. Specifically, building the basic concept of sexual abuse prevention education for primary school students based on life skills approach and building a toolkit to analyze and evaluate the skills on sexual abuse prevention education for primary

school students based on life skills approach, including Rating scale for sexual abuse identification skills; emotion control skills; sexual abuse prevention skills; sexual abuse responding skills.

Finding out the shortcomings and limitations in the process of delivering sexual abuse prevention education for students according to life skills - based approach at primary schools in Phu Tho province, and at the same time analyzing, evaluating and identifying factors affecting this educational process.

Proposing a number of educational measures for preventing sexual abuse for primary school students which life skills-based approach is the core, and organizing pedagogical experiments.

### ***3.2. Conclusions***

Sexual abuse prevention education for primary school students has played an important role in keeping students safe and healthy. Life skills-based approach in sexual abuse prevention education emphasizes the process of focusing on changing the behavior of primary school students in the most positive and effective way.

The survey results show that: All teachers were aware of the importance and necessity of sexual abuse prevention education for primary school students, but in reality, the process of identifying the objectives, tasks, content, methods, and forms of sexual abuse prevention education in primary schools only focused on raising awareness and prevention on sexual abuse. Therefore, it is very necessary to change the way of sexual abuse prevention education for primary school students based on life skills approach in order to not only improve knowledge and attitudes but more importantly, form positive behaviors and habits.

The thesis has proposed 6 educational measures for preventing sexual abuse for primary school students according to life skills-based approach: Communication organization; integrated education; organizing school counseling; organizing educational activities on specialized topics;

developing educational situations on sexual abuse prevention to encourage primary school students to interact and experience; Family-School-Society coordination to build a positive educational environment in preventing sexual abuse for primary school students based on life skills approach.

The results of the pedagogical experiment organized in two phases and the research results on 3 typical cases have confirmed the effectiveness, practicality and feasibility of the proposed measures.

**On behalf of academic supervisors**

**PhD. Student**



**Assoc. Prof. PhD Phan Thanh Long**

**Bùi Thị Loan**